# Prevention Education

# for Professionals Serving Youth

from The Crime Victims' Center of Chester County, Inc.

### **Mandated Reporter Certification Training**

We offer training to professionals to better recognize their role and responsibility as mandated reporters. During this training we discuss the history of child protection in the US, categories of abuse, how to report, what adverse childhood experiences are, signs of abuse, and how to support someone who has been harmed. This training fulfills the Act 126 requirements for educators, and Act 31 requirements for licensed professionals. The training is available in 2-hour and 3-hour formats.

#### Program Goals:

- ·To learn the categories of abuse
- ·To increase awareness of the signs of abuse
- ·To practice receiving disclosure of abuse
- ·To understand how to report child abuse in PA

### Respect At Work

Respect at Work is a comprehensive curriculum that strives to transform working environments to a place where staff feel safe and respected. We work collaboratively with staff leaders and employees to increase dialogue and awareness of workplace harassment. We can adapt sessions to your staff needs. Our bystander-focused approach supplies staff with better tools to support victims of harassment. This program ideally could be done in a 2 hour session.

### Program Goals:

- To utilize survey feedback to identify gaps in safety from harassment
- To strengthen skills in identifying and addressing workplace harassment
- To establish clear understanding of policies on harassment

## Coping with Conflict in the Workplace

Needs are at the root of all conflicts. In this program we will explore how disagreement can give us important information if we practice being present and connecting the issues we are having at work to our personal needs. We will practice translating judgments into needs and how to make specific requests in order to co-create a caring workplace.

### Program Goals:

- To share skills for coping with difficult feelings and difficult messages
- To learn the difference between observation and judgment
- To practice translating judgments into needs & feelings
- To try identifying specific requests to meet our needs

To learn more about our programs or to ask for a program that addresses a specific topic that is a need for your workplace, please contact education@cvcofcc.org or call our office at 610-692-1926 and ask to learn more about Prevention Programming.

# Prevention Education

# for Professionals Serving Youth

from The Crime Victims' Center of Chester County, Inc.

### Smarter Parents, Safer Kids

Our goal is to create a safer and healthier community for kids by equipping parents with tools and knowledge about child sexual abuse (CSA) and how to prevent it. The training is approximately 2 hours and covers three modules—healthy sexual development, parent-child communication, and child safety. Each section presents facts and data, skills, and includes practice of those skills, giving parents a clear view of what we know about childhood sexual abuse and tangible actions they can take that reduce CSA risk for youth in their lives.

#### Program Goals:

- To increase awareness & practice skills that prevent the possibility to CSA
- Space for parents to plan action for CSA prevention

# Being a Teaching Ally to LGBTQ Youth

Teaching Ally equips professionals serving youth so that gender expansive kids see, hear, and understand that they are safe adult who are trying to understand their experience, and support them being who they are. We will discuss developments with title IX, relevant statistics, do's and don'ts when serving LGBTQIA+ youth, and how to deal with discrimination in the classroom.

### Program Goals:

- Increase awareness of discrimination against LGBTQIA students
- To build up working LGBTQIA identity vocabulary
- To practice proper pronoun use & identify best practices for teaching LGBTQIA youth

### **Trauma Informed Response**

Adverse Childhood Experiences (ACEs) are incredibly common, more than 60% of people have at least one ACE. Whether you are teaching or facilitating, its guaranteed you'll encounter participants with trauma in their past. In our Trauma Informed Response program we discuss ways to facilitate, teach, and work in ways that prioritize the Trauma-Informed Principles: Collaboration, Trustworthiness & Transparency, Safety, Peer support, Empowerment, and Humility & Responsiveness. Building a learning or community space around these principles makes the content more accessible to survivors of trauma.

### Learning Objectives:

- Learn trauma informed principles and examples of how to apple them to your space
- Practice responding to a disclosure of harm or abuse
- Discuss the specific policies and resources available to your community for survivors

To learn more about our programs or to ask for a program that addresses a specific topic that is a need for your workplace, please contact education@cvcofcc.org or call our office at 610-692-1926 and ask to learn more about Prevention Programming.