

# Prevention Education

## For Elementary Schoolers

from The Crime Victims' Center of Chester County, Inc.

Our elementary programs focus on building body awareness and social and emotional skills for grades K-5 as a supplement to these topics in your classroom.

We provide child safety and bullying prevention programming across the county for schools, after school programs, and community groups. All these lessons vary grade to grade in content, but build on each other year after year, adding a new idea and activity to our community-building and violence prevention skills.

## Child Safety Programming

Child Safety is a program we provide to grades K-5 throughout Chester County. Each program is unique to their grade level, but the same important topics are covered year after year: How your body belongs to you, no one has the right to harm you, and if they do, talk to a safe adult for help. Younger grades (K-2) will learn to identify public vs private, build emotional vocabulary, safe vs not safe touches, and name safe adults in different areas of life. Older Elementary grades (3-5) will build on this knowledge, learning what healthy vs abusive behaviors are and what to do if you or a friend is experiencing harm.

### **K-2nd Grade Program Goals:**

- To teach bodily autonomy
- Learn to identify which parts are private and why they are private
- To understand the difference between a safe and a not safe touch
- To name safe adults in their life
- Learn 4 safety tools
- **Safe Touches Puppet Show Program is for 2nd Grade**

### **3rd-5th Grade Program Goals:**

- To teach youth to trust their own feelings about safety
- Learn that no one has the right to harm you
- To increase awareness around healthy vs abusive behaviors
- To identify safe adults in the community

To learn more about our programs or to ask for a program that addresses a specific topic that is a need for your learning space, please contact [education@cvcofcc.org](mailto:education@cvcofcc.org) or call our office at 610-692-1926 and ask to learn more about Prevention Programming.

# Elementary Bullying Prevention Programming

In our bullying prevention programs we talk with kids about what it means to be a good friend and build a strong community. We talk about understanding our own and others' feelings, why someone might hurt someone else, and learn tools for helping someone who is being hurt. Each program is unique to the grade level we are teaching, with age-appropriate information and activities.

## K-2nd Grade Program Goals:

- To build emotional awareness & empathy
- To learn what being a good friend means
- To define what bullying is and is not
- To learn ways to apologize
- To practice tools for stopping bullying before it happens

## 3rd-5th Grade Program Goals:

- To empower kids to ask for help when its needed
- List qualities that make a safe, strong community
- To understand and practice self regulation
- To learn about discrimination & stereotypes
- To practice the bystander strategies

## Healthy Relationships Project

We are looking for school partners in the community who are willing to learn and pilot the healthy relationships project classes in their school for grade 3-8. The Healthy Relationships project is a Social Emotional Learning curriculum that teaches essential skills like self-awareness, consent, coping, and building healthy relationships in 7 lessons each grade year. We train teachers on these lessons for professional development over summer time.

## Training Professionals

We work to keep kids safe everyday, but we know that for our programs to be effective, adults in the lives of youth need to be equipped to keep kids safe.

Bring adult trainings to your educational or child care center by checking out our programs for professionals serving youth in Chester County. We teach in person and online sessions about mandated reporting, social emotional learning, helping marginalized youth, & more!